



NutraVida proudly introduces **Cardio Advantage** which contains naturally sweet ingredients with high levels of dietary fiber that have been proven to reduce cholesterol. Available in two delicious flavors, this powerful blend of fruits, nuts, rolled oats and phytosterols are a tasty way to help you keep your cholesterol low.

Each Bar Contains:

**1500mg
Plant Sterols**

**Great Taste • Non GMO
No Artificial Flavor or Color**



Plant sterols function as anti-oxidants and prevent powerful oxidative damage and inflammation.

Orange flakes contain:

- ⇒ Hesperidin, the main Flavonoid in the orange peel which is known for its anti-inflammatory and anti-oxidant activity.
- ⇒ Pectin, the soluble fiber which reduces cholesterol absorption and bile acids into the blood stream.





Dates, Nuts & Orange Flakes Bar

Nutrition Facts Serv. size 1 Bar (35g), amount per serving, **Calories** 130, Fat cal 40, **Total Fat** 4.5g (7% DV), Sat fat 0g (0% DV), Trans Fat 0g, **Cholest** 0mg (0% DV), **Sodium** 45mg (2% DV), **Total carb** 22g (7% DV), Fiber 3g (12% DV), Sugars 13g (4% DV), **Protein** 2g, Vitamin A 10%, Vitamin C 10%, Calcium 10%, Iron 10%. Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Dates Syrup, Dates, Oats, Crisp Rice, Hazelnuts, Sugar, Almonds, Vegetable Canola oil, Plant Sterol Esters, Inulin (dietary fiber), Dried Orange Flakes, Flavor, Salt, Calcium, Vitamin C, Iron, Vitamin A.

Contains: Tree nuts (hazelnuts, almonds).



Date, Nuts, Cranberries & Orange Flakes Bar

Nutrition Facts Serv. size 1 Bar (35g), amount per serving, **Calories** 130, Fat cal 40, **Total Fat** 4.5g, (7% DV), Sat fat 0g (0% DV), Trans Fat 0g, **Cholest** 0mg (0% DV), **Sodium** 40mg, (2% DV), **Total carb** 22g (7% DV), Fiber 3g (12% DV), Sugars 13g, **Protein** 2g, Vitamin A 10%, Vitamin C 10%, Calcium 10%, Iron 10%. Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Dates Syrup, Dates, Oats, Crisp Rice, Hazelnuts, Sugar, Dried Cranberries, Almonds, Vegetable Canola oil, Plant Sterol Esters, Inulin (dietary fiber), Dried Orange Flakes, Flavor, Salt, Calcium, Vitamin C, Iron, Vitamin A.

Contains: Tree nuts (hazelnuts, almonds).

Also available from 



Customer Service: www.nutravida-health.com