



NutraVida proudly introduces **Sports Advantage** which delivers a highly effective blend of CoQ10, L-carnitine, rolled oats, and nuts to boost stamina and endurance during periods of high activity. By combining the ATP generating effects of CoQ10 with the fat metabolizing functions of L-carnitine, Sports Advantage makes an otherwise inaccessible energy source available to the body when needed.

## Each Bar Contains:

**60mg CoQ10  
&  
400mg L-Carnitine**



**Great Taste • Non GMO  
No Artificial Flavor or Color**



### Why L-Carnitine?

- ⇒ It is required for the brake down process of lipids (fats) in the cell
- ⇒ Participates in the generation of metabolic energy.

### Why CoQ10?

- ⇒ Responsible for stimulating body's metabolism
- ⇒ A powerful antioxidant.
- ⇒ Improves muscle recovery after physical exercise
- ⇒ The unique formulation of CoQ10- Ultrasome increases (3x) the bio-viability of CoQ10 compared to its generic counterpart.



## Dates, Nuts & Cranberries Bar

**Nutrition Facts** Serv. size 1 Bar (35g), amount per serving, **Calories** 130, Fat cal 40, **Total Fat** 4.5g (7% DV), Sat fat 0g (0% DV), Trans Fat 0g, **Cholest** 0mg (0% DV), **Sodium** 40mg (2% DV), **Total carb** 23g (8% DV), fiber 3g (12% DV), Sugars 13g, **Protein** 2g, Vitamin A 0%, Vitamin C 0%, Calcium 0%, Iron 0%. Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Dates Syrup, Dates, Oats, Crisp Rice, Hazelnuts, Sugar, Dried Cranberries, Almonds, Vegetable Canola oil, Inulin (dietary fiber), L-carnitine, Flavor, Salt, CoQ10.

Contains: Tree nuts (hazelnuts, almonds).



## Date & Nuts Bar

**Nutrition Facts** Serv. size 1 Bar (35g), amount per serving, **Calories** 130, Fat cal 40, **Total Fat** 5g (8% DV), Sat fat 0g (0% DV), Trans Fat 0g, **Cholest** 0mg (0% DV), **Sodium** 45mg (2% DV), **Total carb** 23g (8% DV), fiber 3g (12% DV), Sugars 13g, **Protein** 2g, Vitamin A 0%, Vitamin C 0%, Calcium 0%, Iron 0%. Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Dates Syrup, Dates, Oats, Crisp Rice, Hazelnuts, Sugar, Almonds, Vegetable Canola oil, Inulin (dietary fiber), L-carnitine, Flavor, Salt, CoQ10.

Contains: Tree nuts (hazelnuts, almonds).

Also available from 



Customer Service: [www.nutravida-health.com](http://www.nutravida-health.com)